

What if a sudden illness or injury left you unable to speak for yourself?

Who would you want to speak for you?

What would you want them to know about your values and wishes?

**Advance care planning helps you:**

* think about health care choices you may have to make in the future;
* talk about your choices with your doctor and your loved ones; and
* make a written plan for the future (advance directive).

**Join us in this important conversation to help make your wishes known.** *This can be a gift to your loved ones*.

**TO REGISTER**:

Call Rebecca Gruszkos at 658-9460 or email her at [Rebecca\_gruszkos@bshsi.org](mailto:Rebecca_gruszkos@bshsi.org)

You may also fax this form to **804-521-9375.**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Guest: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*After the meeting, you will have the opportunity to make an appointment with an Advance Care Planning Facilitator who can help you with completing an advance directive.

**What:**

**Honoring Choices®**

**Virginia Group Meeting**

**When:**

**Tuesday,**

**July 11th**

**Where:**

**Mt. Tabor Baptist**

**2011 Fairmount Ave.**

**Richmond, VA**

***Time*:**

**6:30 – 7:30 p.m.**

**Announcing:**

***An Invitation to Honor Your Choices***